



Women's Mental Health

Led by Lee S. Cohen, MD and Marlene P. Freeman, MD

REGISTER FOR THIS FULL-DAY SESSION:

www.mghcme.org/womensmentalhealth

THURSDAY, OCTOBER 22
FROM 8:00AM – 3:30PM

**SESSIONS WILL BE
LIVE-STREAMED ON ZOOM**

This program will precede the 44th
Annual Psychopharmacology program

LEARNING OBJECTIVES

BY THE END OF THIS PROGRAM,
PARTICIPANTS WILL BE ABLE TO:

- Assess regarding reproductive safety of psychiatric medication during pregnancy.
- Distinguish normal physical, hormonal, and emotional changes at menopause from pathophysiologic conditions occurring during the menopausal transition.
- Discuss diagnosis, etiology, and treatment of co-occurring PTSD and SUD in women.
- Describe best treatment modalities for co-occurring PTSD and SUD in women.
- Describe the pharmacologic and non-pharmacologic treatment options available to their patients with ADHD during pregnancy and lactation.
- Describe the pathophysiology and treatment of PMDD.

ACCREDITATION

PHYSICIANS

McLean Hospital designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of McLean Hospital Psychiatry Academy. McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians.

PSYCHOLOGISTS

The Massachusetts General Hospital Department of Psychiatry is approved by the American Psychological Association to sponsor continuing education (CE) for psychologists. The Massachusetts General Hospital Department of Psychiatry maintains responsibility for this program and its content. This offering meets the criteria for 6.25 Continuing Education (CE) credits for psychologists.

REGISTERED NURSES

This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 6.25 contact hours of nursing continuing education credit.

Advance practice nurses, please note:

Educational activities which meet the requirements of the ACCME (such as this activity) count towards 50% of the nursing requirement for ANCC accreditation.

SOCIAL WORKERS

Application for social work continuing education credits has been submitted.

Other CE Licenses: Other Providers can claim a Participation Certificate upon successful completion of this course. Participation Certificates will specify the title, location, type of activity, date of activity, and number of continuing education credits associated with the activity. Providers should check with their regulatory agencies to determine ways in which CE credit may or may not fulfill continuing education requirements. Providers should also consider saving copies of brochures, agenda, and other supporting documents.

UPDATE ACROSS THE LATEST ADVANCES IN WOMEN'S MENTAL HEALTH

This course will focus on the diagnosis and treatment of psychiatric disorders in women across the reproductive lifespan. Specialized knowledge is necessary to tailor treatments to reproductive events such as pregnancy and pregnancy planning, postpartum, breastfeeding, the menopausal transition, and menstrual cycle related mood dysregulation.

THURSDAY, OCTOBER 22,
8:00AM TO 3:30PM

Women's Mental Health: \$250

Psychopharmacology and Women's Mental Health Bundled Pricing (Savings of \$50)

MDs/Doctoral-Level Professionals

Super Early Bird — \$744***
(on or before August 4, 2020)

Early Bird — \$844
(on or before September 4, 2020)

Regular Registration — \$894
(after October 4, 2020)

Other Professionals or Trainees

Super Early Bird — \$504***
(on or before August 4, 2020)

Early Bird — \$604
(on or before September 4, 2020)

Regular Registration — \$654
(after October 4, 2020)

***The deeply discounted Super Early Bird Registration rate is **non-refundable** and will not be refunded under any circumstances.

REGISTER FOR THIS FULL-DAY SESSION:
www.mghcme.org/womensmentalhealth

AGENDA

8:00-8:15am	Welcome & Introduction Lee S. Cohen, MD Marlene P. Freeman, MD
8:15-8:45am	Major Depressive Disorder in Pregnancy and the Postpartum Lee S. Cohen, MD
8:45-9:15am	Bipolar Disorder: Considerations Across the Reproductive Lifespan Marlene P. Freeman, MD
9:15-10:00am	Question & Answer Lee S. Cohen, MD Marlene P. Freeman, MD
10:00-10:15am	Break
10:15-10:45am	PMDD Laura Petrillo, MD
10:45-11:15am	The Menopausal Transition and Depression Ruta Nonacs, MD, PhD
11:15am-12:00pm	Question & Answer Laura Petrillo, MD Ruta Nonacs, MD, PhD
12:00-1:00pm	Break
1:00-1:30pm	Substance Use Disorders and Posttraumatic Stress Disorder in Women of Reproductive Age Edwin Raffi, MD, MPH
1:30-2:00pm	ADHD in Women Allison Baker, MD
2:00-2:30pm	Psychotherapies for Perinatal Psychiatry Rachel Vanderkruik, PhD, MSc
2:30-3:15pm	Question & Answer Edwin Raffi, MD, MPH Allison Baker, MD Rachel Vanderkruik, PhD, MSc
3:15-3:30pm	Conclusion & Closing Remarks Lee S. Cohen, MD Marlene P. Freeman, MD